



# My Choice

In-Home Senior Services

A MEMBER OF THE  
TULSA CHAMBER OF COMMERCE



IT'S MY CHOICE TO LIVE  
IN MY HOME

IN HOME SENIOR CARE WITH  
A PERSONALIZED APPROACH

OFFERING THE HIGHEST LEVELS OF SKILL,  
COMPASSION AND DIGNITY IN CARE GIVING



CALL NOW  
918-728-6085

Licensed by the State of Oklahoma



# Seniors Living Independently

- ▶ In-home care allows maximum independence for seniors
- ▶ Our care giving is personalized to fit specific needs
- ▶ Each caregiver works closely with our senior clients, one on one
- ▶ We treat our senior clients with compassion and dignity
- ▶ Our caregivers are highly trained and dedicated
- ▶ My Choice caregivers are licensed, bonded and insured
- ▶ Caring companionship, meal planning, incidental transportation
- ▶ Medication reminders, errands, bathing and grooming assistance
- ▶ Light exercise programs, light housekeeping, nutrition services
- ▶ We offer a variety of services based on our client's needs. Just Ask!
- ▶ Transportation and companionship anywhere our clients want to go. Symphony, movies, coffee with friends, grocery shopping, doctors appointments

TISH STUART

MELLA GLENN

CO-OWNERS,  
ADVOCATES FOR SENIOR INDEPENDENCE

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MY CHOICE IN HOME SENIOR SERVICES, LLC  
3939 S. HARVARD AVE., #270, TULSA, OK 74135



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LIKE US ON 

Find us on our website [mychoiceok.com](http://mychoiceok.com)